

**新北市立江翠國民中學 112 學年度第一學期 中心德目日程表**

| 日 期 |                 | 中心德目                | 生 活 格 言                                                                                                                           |
|-----|-----------------|---------------------|-----------------------------------------------------------------------------------------------------------------------------------|
| 一   | 08.28~<br>09.02 | Friendship<br>友誼    | 一. 觀其友 而知其人。<br>A man is known by the company he keeps.                                                                           |
| 二   | 09.03~<br>09.09 |                     | 二. 患難之友，乃為真友。<br>A friend in need is a friend indeed.                                                                             |
| 三   | 09.10~<br>09.16 | Goal<br>目標          | 一. 生活沒有目標就像航海沒有指南針。【大仲馬】<br>Living without an aim is like sailing without a compass.-Alexandre Dumas.                             |
| 四   | 09.17~<br>09.23 |                     | 二. 人無志，猶無帆之小舟，不適於遠行。<br>The person does not have the wil, is like small boat of the sail, is ill to the long journey.             |
| 五   | 09.24~<br>09.30 | Grateful<br>感恩      | 一. 人生為人群付出多少，就得多少踏實感。<br>The more we give, the more grounded we will feel.                                                        |
| 六   | 10.01~<br>10.07 |                     | 二. 時時感恩，處處感恩，人人感恩，事事感恩。<br>Be grateful always,, for everything and everyone,, at every moment.                                    |
| 七   | 10.08~<br>10.14 | Attitude<br>態度      | 一. 人類經由態度的改變，可以改變整個生命。<br>The humanity may change the entire life by changing Manners.                                            |
| 八   | 10.15~<br>10.21 |                     | 二. 擁有積極的態度，便是豐盈生活的特效藥。<br>Have a good attitude. It's healthier than a plate full of carrots.                                      |
| 九   | 10.22~<br>10.28 | Attempt<br>嘗試       | 一. 若不嘗試新的事物，就學不到新的東西。<br>If you don't try new things, you won't learn new things.                                                 |
| 十   | 10.29~<br>11.04 |                     | 二. 沒有人知道自己有多大的能耐，直到他試過。<br>No one knows what he is able to do until he tries.                                                     |
| 十一  | 11.05~<br>11.11 | Wisdom<br>智慧        | 一. 智慧比珍珠更美；一切可喜愛的都不足與比較。<br>For wisdom is better than rubies and all the things that may be desired are not to be compared to it. |
| 十二  | 11.12~<br>11.18 |                     | 二. 做該做的事是智慧，做不該做的事是愚癡。<br>To do whatever should be done is wisdom; to do whatever should not be done is ignorance.                |
| 十三  | 11.19~<br>11.25 | Calmness<br>平靜      | 一. 生氣，就是拿別人的過錯來懲罰自己。<br>Getting angry is actually punishing yourself for the mistakes of others.                                  |
| 十四  | 11.26~<br>12.02 |                     | 二. 皺眉和微笑都是一個動作表情，何不微笑？<br>A frown and a smile are both possible. Why not smile?                                                   |
| 十五  | 12.03~<br>12.09 | Life<br>生命          | 一. 人人都可以成為自己生命的建築師。<br>Everybody all can be an architect of his own life.                                                         |
| 十六  | 12.10~<br>12.16 |                     | 二. 未來的幸福是用現在買來的。<br>The future happiness is bought with the present.                                                              |
| 十七  | 12.17~<br>12.23 | Temperance<br>限制    | 一. 人不制伏自己的心，好像毀壞的城邑沒有牆垣。<br>He that no rule over his own spirit is like a city that is broken down and without walls.             |
| 十八  | 12.24~<br>12.30 |                     | 二. 人若賺得全世界，賠上自己的生命，有甚麼益處呢？<br>For what is a man profited, if he shall gain the whole world, and lose his own soul?                |
| 十九  | 12.31~<br>01.06 | Introspection<br>反省 | 一. 為自己找藉口的人永遠不會進步。<br>We can never improve if we always make excuses for ourselves.                                               |
| 二十  | 01.07~<br>01.13 |                     | 二. 看別人不順眼，是自己修養不夠。<br>One who constantly looks down on others reveals his lack of moral cultivation.                              |
| 二十一 | 01.14~<br>01.20 | ☆期末總檢討☆             |                                                                                                                                   |